

Zoom - Email Server IPs

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You may receive emails from Zoom regarding notifications, activation emails, password resets, and more.

- Account-related notifications will come from **no-reply@zoom.us**.
- Support ticket emails will come from **customercare@zoom.us**.

While most mail servers receive Zoom's emails within a few minutes, some mail servers may take 30 minutes or longer.

Zoom's email server IPs

If your email is managed by your organization, you can ask them to ensure **no-reply@zoom.us**, as well as the following IP addresses, are allowed by your company's email server:

```
134.224.168.131/32
134.224.168.132/32
149.72.21.92/32
149.72.32.163/32
149.72.59.154/32
149.72.112.79/32
149.72.122.209/32
149.72.134.114/32
149.72.163.203/32
149.72.185.127/32
149.72.191.243/32
149.72.196.70/32
149.72.196.77/32
149.72.198.96/32
149.72.198.100/32
149.72.199.144/32
149.72.249.102/32
149.72.73.235/32
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159.183.141.227/32
159.183.146.28/32
159.183.146.37/32
159.183.146.41/32
159.183.150.18/32
159.183.151.211/32
159.183.151.213/32
159.183.156.108/32
159.183.179.39/32
159.183.187.77/32
159.183.192.104/32
159.183.198.7/32
159.183.198.70/32
159.183.204.195/32
159.183.220.232/32
159.183.220.239/32
167.89.93.232/32
168.245.118.48/32
170.114.15.172/32
170.114.15.173/32
170.114.15.174/32
170.114.15.175/32
170.114.15.176/32
170.114.15.177/32
170.114.15.178/32
170.114.15.179/32
170.114.15.180/32
170.114.15.181/32
170.114.15.182/32
170.114.15.183/32
170.114.15.184/32
170.114.15.185/32
170.114.15.186/32
170.114.15.187/32
170.114.15.188/32
170.114.15.189/32
170.114.15.190/32
170.114.15.191/32
170.114.15.192/32

170.114.15.193/32

170.114.44.124/32

170.114.44.125/32

warning icon

Exercise caution if you receive a suspicious or unexpected email appearing to come from Zoom that's not from one of the IPs listed above. If you receive a suspicious email from Zoom, you can report it by [submitting a request](#) to Zoom's Trust & Safety team. To help prevent fraudulent or suspicious emails, we encourage organizations to consider enabling a DMARC (Domain-based Message Authentication, Reporting, and Conformance) policy that rejects emails that fail DKIM and SPF.

How to troubleshoot not receiving emails from Zoom

- Check the spam or junk folder on your email service, as some services may mistakenly mark these emails as spam.
- If your email is managed by your organization, you can ask them to ensure **no-reply@zoom.us**, as well as the [IP addresses listed above](#), are allowed by your company's email server.
- [Chat with us](#), mentioning "not receiving emails". Our chatbot can help guide you through troubleshooting steps if you're still not receiving emails from Zoom.

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